

# NEWSLETTER

MAY 2023



## MAY QUEEN

Sundre High School's 52nd May Queen has now drawn to a close. It was another great year for the students of Sundre High! Students, staff, parents, and community members worked together to raise \$29,210. The money will be allocated to a variety of Sundre High leadership projects and activities in the coming year. The grade 11's raised \$11,578 to take top honors. The Class of 2024's win resulted in Jorja Packer and Henrey Catubig being crowned as May Queen Champions for the 2022-2023 school year.

Congratulations to all students who worked during May Queen 2023 - amazing results! You have certainly made us proud!



### THANK YOU

THANKS TO ALL OF OUR PARENTS AND TO THOSE EMPLOYERS AND COMMUNITY MEMBERS WHO HIRED, SUPERVISED OR DROVE OUR STUDENTS. YOUR CONTINUED SUPPORT IS GREATLY APPRECIATED.

### 2023 Sundre High School May Queen Candidates:

Back Row – Tyson Thornley, Bella Packer (gr. 9), Ryder Dach, Tess Shand (gr. 10), Makayla May, Aimee Walton (gr. 12) Front Row – May Queen Champions Jorja Packer and Henrey Catubig (gr. 11)

May Queen is one of the most impactful activities our school does in the community. Although a great deal of money is raised, May Queen is not just about money and competition. It's about a community working together to teach youth about desirable personal characteristics such as responsibility, commitment, initiative, leadership, respect and volunteerism.

## MAY QUEEN MONIES RAISED

---

The funds raised are allocated to scholarships, extra-curricular activities (athletics, etc.) graduation, awards night, yearbook, student trips, community projects and other student initiatives.

| Category             | Description                     |
|----------------------|---------------------------------|
| Athletics            | 22% \$3600 minimum              |
| Band                 | \$50/student to a max of \$3000 |
| Charitable Donations | 2%                              |
| Dances               | \$400 fixed                     |
| May Queen Expense    | \$2500 fixed                    |
| Student Grants       | 5%                              |
| Operational          | 7%                              |
| Scholarships         | \$800 fixed                     |
| Special Events       | \$1000 fixed                    |
| Grad Acct            | 26%                             |
| Cap & Gown           | \$25 per Grad                   |
| Reserve              | 5% to a max of \$5000           |
| Non-committed        |                                 |

## INDIGENOUS FLAG INSTALLATION ASSEMBLY

---

Sundre High Students will be joining River Valley Students to take part in an Indigenous Flag Installation assembly at our schools on June 8th. Students will watch Indigenous dancers and singers celebrate their culture as we include the Treaty 6, Treaty 7 and Metis flags to the school in our Learning Commons.

## EXAM WEEK REMINDERS

---

- June 20-27 (please check exam schedule for time and locations).
- Exam schedules...e-mailed home, S.H.S. website.
- Course materials (texts, review booklets, etc.) will be turned into the library 15-20 min. before the start of the exam.
- Students may go to the study hall (learning commons), or leave the school when they have completed an exam.
- Students are asked to arrive at the exam writing location 10 min. prior to the exam starting.
- No electronic devices, cell phones, smart watches, etc. are allowed in the exam, with the exception of calculators.

YOU CAN FIND US ONLINE AT:



WWW.SUNDREHIGH.CA

[LINK TO EXAM SCHEDULE](#)

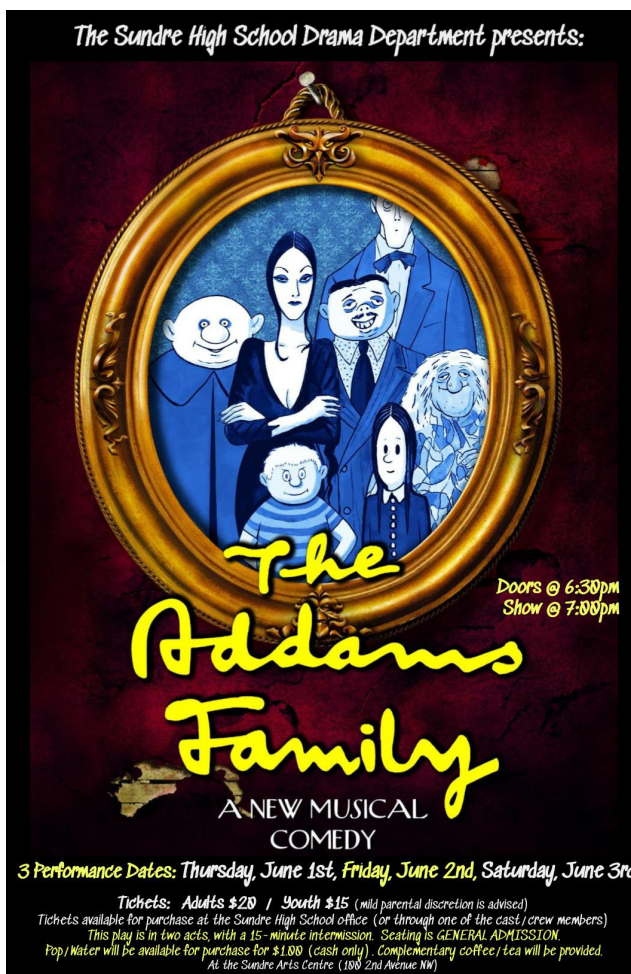


## THE ADDAMS FAMILY MUSICAL

Our Drama Club's performances of The Addams Family Musical are running from June 1 to June 3. Please support our students and purchase tickets at:

### The Addams Family Musical Eventbrite

Tickets may also be purchased from a Drama student or at the school office.



YOU CAN FIND US ONLINE AT:



WWW.SUNDREHIGH.CA

## ATHLETICS UPDATE

Track and Field is now underway. Both our Sr. and Jr. teams have competed at Counties in Carstairs. Both teams did extremely well and we have a grand total between the two teams of 49 athletes that move on to compete at zones. Senior zones take place on May 25th and Jr. Zones on May 30th, both will be at Foothills Athletic Park in Calgary.

## ATHLETIC AWARDS

Athletic Awards are on the evening of June 8th at 6:00 pm in the school gym. Athletes from all school sports throughout the year are invited and encouraged to attend. Desserts served will be made by one of Sundre High's Home Ec. classes.

## UPCOMING DATES

- |                   |                                  |
|-------------------|----------------------------------|
| <b>May 29</b>     | No School                        |
| <b>May 30</b>     | Grade 9 Track (Zones in Calgary) |
| <b>June 8</b>     | Indigenous Flag Ceremony         |
| <b>June 8</b>     | Athletic Awards Night            |
| <b>June 19</b>    | Last Day of Classes              |
| <b>June 20-27</b> | Exam Week                        |
| <b>June 28</b>    | Graduation                       |

[LINK TO SCHOOL CALENDAR](#)





## DID YOU KNOW?

---

### **Graduates paint the street in front of the school in the weeks prior to graduation.**

In an effort to cut down on “grad graffiti” around town, the school has an alternate outlet for students. They meet after school in late June to give back to the community by picking up garbage from outside of local businesses. Students then get a signature on their “paint the street form” and bring the garbage bag back to the school. Once all of the students are back, Town of Sundre employees help us safely manage traffic so students can make their mark on the road.

## LEADERSHIP TEAM ANNOUNCEMENTS

---

Our very last Spirit Week of the year is quickly approaching, dig into your closets and have some fun with your costumes!

**Monday, June 5** is Rodeo Dress Up Day. Rock your favourite jeans, hats, and boots.

**Tuesday, June 6** is Throwback Tuesday—dress like your favourite decade or the year you were born.

**Wednesday, June 7** is Monochrome Day—dress in only one colour head to toe.

**Thursday, June 8** is Dress Like Your Best Friend Day. Model your look after your friend, swap your styles!

**Friday, June 9** is Anything But A Backpack Day! Carry your belongings to school in anything but a backpack. There will also be a Spaghetti Engineering Challenge at lunch, in Mr. K’s room!

## ANNUAL RE-ENROLLMENT & CONSENTS

---

Chinook’s Edge Staff are planning ahead for the upcoming year.

In Mid August Chinook’s Edge will be sending home your Annual Demographic Update which will be called “Annual Re-Enrollment and Consents” for the 2023-2024 year. The form will need to be completed and submitted prior to the start of the school year.

The form will ensure your registration and certain consents for the upcoming school year.

We have combined forms together into one to make the start of the school year a little easier for you.

The form contains a Walking Field Trip, Technology, Media and FOIP consents that has to be completed every year before your child can participate in these activities.

We are wanting parents and guardians to ensure that they can sign in to their PowerSchool parent portal account before the end of the year. If you are having troubles with your username or password, please contact your school before the end of May to get help.

This is for all Kindergarten to grade 12 students

If you have verified that you can sign in, please disregard this message.

[PowerSchool Parent Portal](#)



## Sundre High School June 2023 Review / Exam Schedule

| <i>Date</i>       | <i>Exam</i>                  | <i>Exam Time</i>   | <i>Location (subject to change)</i>             |
|-------------------|------------------------------|--------------------|---|
| Wednesday June 14 | English 10-1 Pt A            | regular class time | classroom unless otherwise indicated by teacher |
| Wednesday June 14 | English 10-2 Pt A            | regular class time | classroom unless otherwise indicated by teacher |
| Friday, June 16   | English 20-1/-2 Pt A (Jesse) | regular class time | classroom unless otherwise indicated by teacher |
| Friday, June 16   | English 20-2                 | regular class time | classroom unless otherwise indicated by teacher |
| Monday, June 19   | Social 10-1 Pt A             | regular class time | classroom unless otherwise indicated by teacher |
|                   | Science 9 Class Final        | regular class time | classroom unless otherwise indicated by teacher |
|                   | English 10-2 Pt B            | regular class time | classroom unless otherwise indicated by teacher |
|                   | English 20-2 Pt B            | regular class time | classroom unless otherwise indicated by teacher |
| In class Exam TBD | Math 10-3                    | regular class time | classroom unless otherwise indicated by teacher |
| In class Exam TBD | English 20-2 Pt A            | regular class time | classroom unless otherwise indicated by teacher |
| In class Exam TBD | Math 31                      | regular class time | classroom unless otherwise indicated by teacher |
| Monday, June 12   | English 30 Part A            | 9:00AM - 3:00PM    | TBD   |
| Tuesday, June 13  | Social 30-1 Part A           | 9:00AM - 3:00PM    | Learning Commons                                |
|                   | Social 30-2 Part A           |                    |   |
| Monday, June 19   | English 30 Part B            | 9:00AM - 3:00PM    | TBD   |
| Tuesday June 20   | Social 30-1/30-2 Part B      | 9:00AM - 3:00PM    | Learning Commons                                |
|                   | ELA Gr 9 PAT Pt B            | 9:00AM - 12:00PM   | Mrs Roach's Rm (L-Z)                            |
|                   |                              |                    | Mrs Jesse's Rm (A-J)                            |
|                   | Math 10C                     | 9:00-11:00AM       | Mrs MacDonald's Rm                              |
|                   | Biology 20                   | 9:00-11:00AM       | Mr Pietsch's Rm                                 |
|                   | Chemistry 20                 | 9:00-11:00AM       | Mr Challoner's Rm                               |
| Thursday June 22  | Biology 30                   | 9:00AM - 3:00PM    | Mr Challoner's Rm                               |
|                   | Math 9 Pt A                  | 9:00AM - 10:30AM   | 9A Ms Mulligan's Rm                             |
|                   |                              |                    | 9C Mr Pietsch's Rm                              |
|                   | English 20-1                 | 9:00-11:00AM       | Mrs Jesse's Rm                                  |
|                   | Social 20-1                  | 9:00-11:00AM       | Mr Simpson's Rm                                 |
| Friday, June 23   | Chemistry 30                 | 9:00AM - 3:00PM    | Mr Kowaliuk's Rm                                |
|                   | Math 9 Pt B                  | 9:00AM - 12:00pm   | 9A Ms Mulligan's Rm                             |
|                   |                              |                    | 9C Mr Pietsch's Rm                              |
|                   | English 10-1 Pt B            | 9:00-11:00AM       | Mrs Roach's Rm                                  |
|                   | Social 10-1                  | 9:00-11:00AM       | Mrs Sande's                                     |
| Monday June 26    | Math 20-2                    | 9:00-11:00AM       | Mr Pietsch's Rm                                 |
|                   | Social 9                     | 9:00-12:00PM       | Mrs Sande's Rm                                  |
|                   |                              |                    | Mr Simpson's Rm                                 |
|                   | Physics 20                   | 9:00-11:00AM       | Mr Kowaliuk's Rm                                |
| Tuesday, June 27  | Science 9                    | 9:00AM - 12:00PM   | Mr Challoner's Rm                               |

### Sundre High School Expectations and Regulations For Final Exams

- Students not in attendance for their final and midterm exams may receive a **grade of zero**. In the case of illness, students will submit documentation from a physician.
- Students are not permitted to talk, whisper, or communicate non-verbally during exams. Students who do so may receive a **grade of zero** on the exam.
- Course materials** (i.e. texts, review booklets, etc.) will be turned into the library **15-20 minutes** before the beginning of the exam. Students will be present at the exam room doors 10 minutes prior to the scheduled starting time.
- Students will stay in the examination room for 60 minutes**, the minimum required amount of time as determined by Alberta Education.
- Students may bring tissues and bottled water if they desire. Students may not bring other food/drink, headphones, games, cell phones or any electronic devices other than calculators.
- Students may leave the school or go to the study hall (library) when they have completed an exam. Students are **not permitted to stay in the hallways** while exams are being written.
- Last day of regular classes for students is Tuesday, June 21st.
- Please report any exam conflicts to Administration by Monday, June 6th.**

## Family School Wellness program - support for students

A message from Superintendent Kurt Sacher



CESD Family School Wellness team

During the 2022/23 school year there have been more than 11,000 individual sessions with students and a Chinook's Edge Family School Wellness (FSW) Worker. That's about 10% more than last year, and this year is not yet complete.

Coming out of the pandemic, school divisions all over the country are seeing an impact on students who are experiencing challenges with social and emotional wellness, including difficulty adjusting to the pace of learning, and difficulty with social connection.

Chinook's Edge is serious about responding to this challenge. One layer of the [many supports we offer](#) is the Family School Wellness program.

### What is a family school wellness worker?

- Chinook's Edge employs 25 Family School Wellness (FSW) workers.
- FSW workers have expertise and qualifications in youth wellness
- While all of our Chinook's Edge staff are charged with helping students holistically - FSW workers have a unique opportunity to support your child one-on-one focused on their social and emotional needs.

### What students see FSW workers?

- The top 3 reasons Chinook's Edge students were referred to FSW last year:
  - Emotional regulation - experiencing anxiety, sadness, and /or anger
  - Relationship challenges with peers at school / school conflict
  - Family relationship challenges
- The criteria for a student to see FSW is that their challenge is impacting them at school

### How does a student get referred to FSW?

- Students are referred to FSW through a teacher, a principal, or their parents. Students can self refer.
- Every student can access one single session and a follow up session without parental consent. After the single and follow up session, FSW requires parental consent.
- With parental consent, the FSW provides short term support where students have access to about 6 to 8 sessions as needed.

### What happens in a session with FSW?

- The FSW works one-on-one with a student to resolve mild to moderate social / emotional needs impacting them at school. (Students with severe needs are referred to other professionals).
- If there is more than one session required, FSW workers reach out to families not only for consent, but in order to work together with the family to support the needs of their students.

In surveys after sessions, participants tell us the program is making a significant difference for them. School based administrators and other staff also see the positive impact. I would like to express my gratitude to our Family School Wellness Workers for the dedicated work they are doing, and the difference they make for so many students. As a parent, if you'd like your child to access the FSW program, please contact your child's school.

To read the latest version of the Board e-News, please click [here](#).

A handwritten signature in black ink that reads 'Kurt Sacher'.