

NEWSLETTER

JANUARY 2025



TIPS FOR SUCCESSFUL EXAM WRITING

Here are a few ways to help your student succeed:

Prioritize Rest and Wellbeing: Ensure your student gets plenty of sleep, eats nutritious meals and stays hydrated.

Effective Study Habits: Encourage short, frequent review sessions instead of long, intense cramming. Stay Organized: Regularly check PowerSchool to ensure there are no outstanding assignments that could impact grades.

Plan Ahead: Review the Final Exam Schedule together to determine when and where each exam takes place. Plan to arrive 10-15 minutes prior to the exam.

Prepare for Exam Day: Make sure your student has all the necessary materials, including textbooks, calculators, pencils, erasers, water and healthy snacks.

TEXTBOOK AND LIBRARY BOOK RETURN

Students are reminded that textbooks for the current term will need to be returned on the day of the corresponding exam. Books can either be brought to the Learning Commons or placed on the carts that will be in the hallways. Any overdue library books will need to be returned or renewed prior to the start of Semester Two. Thanks to everyone for returning your items on time!

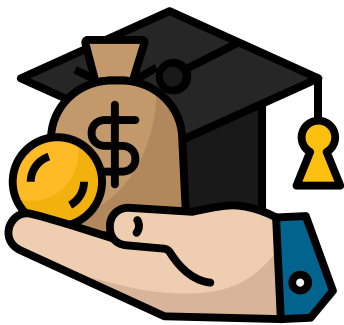
IMPORTANT DATES

- JANUARY 22 - LAST DAY OF REGULAR CLASSES
- JANUARY 23 - EXAM WEEK BEGINS
- JANUARY 30 - PROFESSIONAL LEARNING DAY - NO SCHOOL FOR STUDENTS
- JANUARY 31 - NON-INSTRUCTIONAL DAY - NO SCHOOL FOR STUDENTS
- FEBRUARY 3 - SEMESTER 2 BEGINS
- FEBRUARY 17-21 - WINTER BREAK / TEACHER'S CONVENTION
- FEBRUARY 10 - SCHOOL COUNCIL MEETING @ 6 P.M.
- FEBRUARY 18-20 - GRAD PHOTOS AT ARTS CENTRE



HEALTHCARE SKILLS DAY IN SUNDRE

We have spots for students in grades 9-12 to participate in a learning day at several Sundre health care facilities. Health professionals in the community have organized a day with a variety of stations where students can try hands-on activities. Students get to learn more about airway intubation, cardiac treatment, x-ray lab technician work, suturing, pharmacy, emergency medical services (EMS), and dental hygiene. Healthcare Skills Day is on **Wednesday, March 19th**. Interested students need to sign up with Mrs. Sande at csande@cesd73.ca.



SCHOLARSHIPS FOR GRADE TWELVES

There will be a scholarship workshop for all grade twelves in March (exact date TBD). This will give our grads a chance to ask questions and do some research with a facilitator. In the meantime, students can create profiles on the following websites, to help filter through and find scholarships that might be relevant to them. They can check out www.scholartree.ca and www.scholarshipcanada.com to learn more. Students, don't forget to fill out the Sundre High Scholarship Form on sundrehigh.ca under the "Scholarships" tab.

SHOWCASE IS COMING BACK!

For many years prior to COVID, our high school students would produce phenomenal shows of performing arts at the Sundre Arts Centre that included live music, the high school band, dancing, drama re-enactments and monologues. These nights were also known to showcase some of the top dessert design by students in our foods classes, top hair/make-up work by our cosmetology students, and brilliant artwork by our art students, all displayed in the arts centre lobby. It's been a few years, but we want to bring back this super special event that showcases student talent.

Live Performance Auditions: These will be held after school on Monday, February 10th and Tuesday, February 11th in the Band Room at SHS. Students sign up for an audition by talking to Mrs. Jesse or Mrs. Sande - there is a sign-up sheet outside of Mrs. Jesse's classroom. Performances can include live music, singing, dancing, live painting, drama performances, etc.

Visual Art Auditions: Students have until March 25th to submit art to display at Showcase to Ms. Wiberg! This can be most mediums, but only a set number of pieces from each medium will be selected. They do not need to be an arts/ceramics student, just an SHS student - this is a chance to highlight artistic endeavours beyond the classroom! A staff jury will choose the final pieces of art that will be displayed.

Showcase will be at the Sundre Arts Centre on **Thursday, April 10th at 7:00 p.m.**



MR. KOWALIUK'S PHYSICS CLASS VISITS U OF A

Mr. Kowaliuk's Physics Class had the opportunity in December to visit the University of Alberta's physics labs. Students took part in experiments, listened to lectures and were able to tour the physics labs.

Thanks to Mrs. Newsham for driving and to Mr. Kowaliuk for this opportunity for our students!



LEADERSHIP LOWDOWN

The Sundre High School Leadership team aims to: develop ourselves into capable and effective leaders, positively impact school spirit and culture, and reach out to the community.

The month of December was filled with many seasonal events and challenges. This included the well received morning hot chocolate on the Mondays of December, a fantastic trip to help the Samaritan's Purse Christmas shoebox charity, carolling at River Valley School, and a food drive to help support Sundre's Santas. There were friendly exchanges of Candy Grams, a quick gift wrapping fundraiser, a month long game of Hide-and-Seek where students had to obtain a "Selfie with the Elfie", some Ugly Christmas Sweater days and two Battle of the Grades games.

Our team also went on town-wide Kindness Walks that were appreciated by the people we encountered. Students and teachers alike participated in the Door Decorating contests. Congrats to Ms. Sande with the winning door, and to all participants for their artwork!

Looking ahead, we've got more events coming up! Exam season is upon us, and those of us writing diplomas and final exams could use a little moral support. During exam week, the Leadership class will be handing out care packages, including a pencil, eraser, stickers and a heartwarming note from our leadership team.

For the rest of us, for fun and comfort, the school challenges you to wear a different pair or pajamas next week for our PJ Marathon! This is not for Battle of the Grades points, but allows you to remain in comfort from January 20th to the 22nd.

Lastly, thank you to all the students, teachers and team members who participate in the preparation, running and participation for these events, for without you none of this would be possible!!

Warm wishes,

Sundre High School Leadership Team



Sundre High School January 2025 Final Assessment Schedule

<i>Date</i>	<i>Exam</i>	<i>Exam Time</i>	<i>Location</i>
TBD	English 10-1	regular class time	classroom unless otherwise indicated by teacher
TBD	English 20-2	regular class time	classroom unless otherwise indicated by teacher
TBD	Math 30-3- exam week?	regular class time	classroom unless otherwise indicated by teacher
Tuesday, January 14	English 30-1/2 Pt A	9:00-3:00PM	Learning Commons
Wednesday, January 15	Social 30-1/2	9:00-3:00PM	Exam Room #1,2,3
Friday, January 17	Math 30-1	9:00AM-3:00PM	Ms. Wiberg's Rm
	Math 30-2		Mrs. MacDonald's Rm 131
	English 9 Pt A	9:00-12:00PM	Learning Commons
Monday, January 20	English 30-1 Pt B	9:00AM-3:00PM	Learning Commons
	English 30-2 Pt B	9:00-3:00PM	Learning Commons
Tuesday, January 21	Math 9 Pt A	9:00-10:00AM	Mrs. MacDonald's Rm 131
	Social 30-1/2	9:00-3:00PM	Exam Room #1,2,3
Wednesday, January 22	Math 9 Pt B	9:00-11:40AM	Mrs. MacDonald's Rm 131
Thursday January 23	Science 9	9:00-11:30AM	Mr. Challoner Rm 115
	Social 10-2	9:00-11:00 AM	Mr. Simpson's Rm 122
	English 10-1	9:00-11:00 AM	Mr. Patterson's Rm 140
	Math 20-1	9:00-11:00 AM	Mr. Pietsch Rm 137
	Math 20-3	9:00-11:00 AM	Mr. Schoenthaler's Rm 138
	tutorial sessions	12:30PM - 3:00PM	
Friday January 24	Social 9	9:00AM - 11:40AM	Mr. Simpson Rm 122
			Ms. Rodbourne Rm 119
	English 20-2	9:00-11:00 AM	Ms. Wiberg Rm 130
	Physics 30	9:00AM-3:00PM	Mr. Kowaliuk's Rm 117
	tutorial sessions	12:30PM - 3:00PM	
Monday, January 27	English 9 PT B	9:00-11:40AM	Mr. Patterson Rm 140
		9:00-11:00 AM	Mr. Challoner Rm 116
	Science 10		Mr. Kowaliuk Rm 117
	Social 20-1	9:00-11:00 AM	Mrs Bewick Rm 119
	tutorial sessions	12:30PM - 3:00PM	
Tuesday, January 28	Biology 20	9:00-11:00 AM	Mr. Challoner Rm 116
	Chemistry 20	9:00-11:00 AM	Mr. Kowaliuk Rm 117
Wednesday, January 29	make up exams		

Sundre High School Expectations and Regulations For Final Exams

NOTE: All Learning Center Final Exams must be scheduled with your Learning Centre teacher.

- Students not in attendance for their final and midterm exams may receive a **grade of zero**. In the case of illness, students will submit documentation from a physician.
- Students are not permitted to talk, whisper, or communicate non-verbally during exams. Students who do so may receive a **grade of zero** on the exam.
- Course materials** (i.e. texts, review booklets, etc.) will be turned into the bookshelf provided in the hallway before the beginning of the exam. Students will be present at the exam room doors 10 minutes prior to the scheduled starting time.
- Students will stay in the examination room for 60 minutes**, the minimum required amount of time as determined by Alberta Education.
- Students may bring tissues, food and beverages if they desire. Students may not have games, cell phones, smart watches or any electronic devices other than calculators in their possession.
- Students may leave the school or go to the study hall (library) when they have completed an exam. Students are **not permitted to stay in the hallways** while exams are being written.
- Last day of regular classes for students is Wednesday January 22.
- Please report any exam conflicts to Administration by Friday, January 10**
- Exams for courses not listed in this schedule will be written in class.